

# THE GREEN SHEET: COMMUNICATE YOUR STRENGTHS

## 1. CLIFTONSTRENGTHS

List words and phrases that resonate with you from your **CliftonStrengths** report and **Strengths Language for Resumes** chart.

<input type="radio"/>											
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## 2. YOUSCIENCE

List words and phrases that resonate with you from your **YouScience** report.

<input type="radio"/>											
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## 3. NACE CAREER COMPETENCIES

Review **Competencies for a Career-Ready Workforce** and consider how confident you feel for each.

Then, list the **8 competencies** from highest to lowest confidence. Circle the **top 3** to use when drafting a professional profile.

<input type="radio"/>											
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#### **4. PROFESSIONAL VALUES**

Complete the **Dare To Lead values** exercise in this packet.

Then, list the **5 values** you selected, starting with the most important one.

<input type="radio"/>				
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#### **5. COMMUNICATE YOUR STRENGTHS**

Select a strength, aptitude, value or competency to help you succeed in your industry. You may combine related traits.

Start with an action verb and draft a bullet point one.

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