STEVEN TAYLOR HUBBARD, PH.D. INSTRUCTOR OF PSYCHOLOGY

West Texas A&M University
Terry B. Rogers College of Education and Social Sciences
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EDUCATION

Doctor of Philosophy in Educational Psychology, Option: Counseling Psychology

Oklahoma State University, Stillwater, OK – July 2010 (APA accredited Counseling Psychology program)

Master of Science in Educational Psychology

Oklahoma State University, Stillwater, OK – July 2007

Bachelor of Science in Psychology (Summa Cum Laude)

West Texas A&M University, Canyon, TX – December 2003

<u>LICENSURE</u>

Colorado Licensed Psychologist

Colorado State Board of Psychologist Examiners

Colorado License #3730

Status: Active – In Good Standing

Licensed Since: May 2012

Texas Licensed Psychologist

Texas State Board of Examiners of Psychologists

Texas License #36029

Status: Active – In Good Standing Licensed Since: October 2012

CURRENT POSITION

Instructor of Psychology, August 2023 – Present (Full-time, 40 hrs per week)

Terry B. Rogers College of Education and Social Sciences; Department of Psychology,
Sociology & Social Work, West Texas A&M University, Canyon, Tx

PROFESSIONAL PRACTICE EXPERIENCE

Supervisory Psychologist / Civilian Employee, March 2015 – July 2023 (Full time, 40-45 hrs per week)

72nd Medical Group / Mental Health Clinic / Tinker Air Force Base, OK – U.S. Air Force Defense Health Agency (DHA), Civilian Employee – September 2015 to July 2023 United Air Force (USAF), Civilian Employee – March 2015 – September 2015 (position converted from US Air Force to DHA).

The mission of the Tinker Mental Health Clinic was to provide psychological and psychiatric services to active-duty and active guard reserve members of the US Air Force, Space Force, Army, Navy, Marines, Coast Guard, Army & Air National Guard members, as well as US Public Health Service Commissioned Corps members. Additionally, the Tinker Mental Health Clinic provides consultation services to military Commanders, medical staff, and other military personnel. Below are listed the clinical duties that were assigned to me as a Supervisory Psychologist at the Mental Health Clinic:

- Individual and group psychotherapy services, using evidence-based therapies and other treatment modalities to treat psychological conditions/disorders.
 - Cognitive Therapy (CT), Cognitive-Behavioral Therapy (CBT), Dialectical Behavior Therapy (DBT), Prolonged Exposure (PE), Cognitive Processing Therapy (CPT), Motivational Interviewing (MI), Reality Therapy, and Existential Psychotherapy
- Psychological Evaluations
 - Intakes, psychodiagnostic interviews/reports, Emergency Commander
 Directed Evaluations, Commander Directed Evaluations, Medical Evaluation
 Boards, Security Clearance evaluations for the Department of Defense
 Consolidated Adjudications Facility, Fit for Duty evaluations, Special Duty
 Clearance evaluations, and Temporary Disability Retired List evaluations.
- Psychological Assessment
 - Suicide/dangerous risk, personality, intelligence, PTSD, ADHD, psychological symptom inventories, memory, and neuropsychological screenings
- Crisis intervention walk-in and telephone triage services.
 - o Facilitate voluntary and involuntary psychiatric hospital admissions on an as needed basis.
 - Provide referrals to off-base mental health and specialty services providers, as well as inpatient and out-patient treatment facilities, as deemed clinically warranted.
- Provision of psychological/behavioral consultation to psychiatrists, physicians, and medical staff
- Mental health documentation, including the use of electronic medical records systems for charting and medical billing coding.
- Clinical consultations with base, squadron, and flight Commanders and their 1st Sergeants / Command Master Chiefs

- Clinical consultation services for the Family Advocacy, and Alcohol and Drug Abuse Prevention and Treatment programs.
- Supervisor of post-doctoral psychologist for pre-licensure oversight and training purposes.

Staff Psychologist / Contractor, October 2012 – March 2015 (Full time, 40 hrs per week)

49th Medical Group / Mental Health Clinic / Holloman Air Force Base, NM - U.S. Air Force Absolute Staffers, LLC, Laurel, MD (Contract Company)

The mission of the Holloman Mental Health Clinic was to provide psychological and psychiatric services to active-duty Airmen and their dependents, as well as mental health consultation services to Commanders, medical staff, and general population. Below are listed the clinical duties that were assigned to me as a Staff Psychologist at the Mental Health Clinic:

- Individual, couples, and family psychotherapy services, using evidence-based therapies.
 - Cognitive Therapy (CT), Cognitive-Behavioral Therapy (CBT), Dialectical Behavior Therapy (DBT), Prolonged Exposure (PE), and Cognitive Processing Therapy (CPT).
- Psychological Evaluations
 - Intakes, psychodiagnostic interviews/reports, Emergency Commander Directed Evaluations, Commander Directed Evaluations, Medical Evaluation Boards
- Psychological Assessment
 - Suicide/dangerous risk, personality, intelligence, PTSD, ADHD, psychological symptom inventories, memory, and neuropsychological screenings
- Crisis intervention walk-in and telephone triage services.
 - Facilitated voluntary and involuntary psychiatric hospital admissions on an as needed basis.
 - Provided referrals to off-base mental health and specialty services providers, as well as inpatient treatment facilities, as deemed clinically warranted.
- Provided psychological/behavioral consultation services to psychiatrists, physicians, and medical staff.
- Mental health documentation (both hardcopy and electronic), for charting and medical billing coding.
- Forensic Evaluations/Consultations, as requested by the base Judge Advocate General's Office.
- Clinical consultations with base, squadron, and flight Commanders and their 1st Sergeants.
- Clinical consultation services for the Family Advocacy, and Alcohol and Drug Abuse Prevention and Treatment programs.

Psychologist / Independent Contractor, April 2012 – September 2012

(Full time, 40 hrs per week)

Aylesworth & Associates, Denver, CO

Aylesworth & Associates is a private psychology practice specializing in rehabilitation from psychological and physical trauma, depression, anxiety, and serious injuries with adolescent and adult clients. Below are listed the clinical duties that were assigned to me as a Psychologist at this private practice:

- Individual and family psychotherapy services, using evidence-based therapies.
 - o Cognitive Therapy (CT), Cognitive-Behavioral Therapy (CBT), and Dialectical Behavior Therapy (DBT), and Exposure Therapy (ET).
- Psychological Evaluations
 - o Intakes, psychodiagnostic interviews/reports
- Psychological Assessments
 - Personality, intelligence, PTSD, psychological symptom inventories, chronic pain, memory and neuropsychological screenings, and pre-surgical psychological screenings
- Clinical Consultations with patients, and their families, legal counsel, and medical service providers.

$\textbf{Chief Psychologist / Psychologist II}, \ June\ 2011-March\ 2012$

(Full time, 40 hrs per week)

Geri-Psychiatric Program, North Texas State Hospital, Wichita Falls, TX

North Texas State Hospital is the largest state owned and operated psychiatric hospital in

Texas. The Wichita Falls campus of North Texas State Hospital provides psychiatric and
psychological services to children, adolescents, and adults struggling with moderate to severe
mental health disorders and intellectual disabilities. The Geri-Psychiatric Program provided
inpatient psychiatric and psychological services to patients who are 60 years of age or older,
patients who had been diagnosed with Dementia/ Alzheimer's disease, as well as patients
who had experienced severe head traumas, were experiencing significant mobility issues, or
were also being treated for physiological medical conditions needing advanced nursing care
in addition to psychiatry services. Below are listed the clinical duties that were assigned to
me as a Chief Psychologist on the Geri-Psychiatric Program unit:

- Individual and group psychotherapy services, using evidence-based therapies.
 - Cognitive Therapy (CT), Cognitive-Behavioral Therapy (CBT), and Dialectical Behavior Therapy (DBT).
- Crisis intervention services
 - o Including verbal de-escalation strategies, as well as use of state sanctioned physical restraint procedures when deemed clinically necessary to reduce/manage patients' risk of harm to self or others.
- Provision of psychological/behavioral consultation to psychiatrists, physicians, and hospital staff
- Served as the lead Psychologist on an interdisciplinary treatment team.
- Psychological evaluations
 - o Risk/Dangerousness evaluations, psychodiagnostic interviews/reports

- Forensic Competency to Stand Trial Evaluations for the State of Texas judicial system.
- Psychological assessments
 - Suicide risk, dangerous risk, personality, intelligence, and neuropsychological screenings (with focus in dementia and memory functioning/symptomology)
- Development of behavioral and risk management plans
- Psychological consultations with patient's families

Psychologist I, December 2010 – May 2011

(Full time, 40 hrs per week)

Receiving and Intensive Diagnostic Rehabilitation Program, North Texas State Hospital, Wichita Falls, TX

North Texas State Hospital is the largest state owned and operated psychiatric hospital in Texas. The Wichita Falls campus of North Texas State Hospital provides psychiatric and psychological services to children, adolescents, and adults struggling with moderate to severe mental health disorders and intellectual disabilities. The Receiving and Intensive Diagnostic Rehabilitation Program provided inpatient psychiatric and psychological services to patients who are 18 to 60 years old. This program was the main admissions unit on the Wichita Falls campus for adult patients. The mission of the RIDR program was to provide acute intensive psychiatric and psychological services to determine if the patient could be quickly stabilized and returned to outpatient mental health services or if they were needing transfer to one of the hospitals' longer term treatment programs. Below are listed the clinical duties that were assigned to me as a Psychologist on the RIDR Program unit:

- Individual psychotherapy services, using evidence-based therapies.
 - o Cognitive Therapy (CT), Cognitive-Behavioral Therapy (CBT), and Dialectical Behavior Therapy (DBT).
- Crisis intervention services
 - Including verbal de-escalation strategies, as well as use of state sanctioned
 physical restraint procedures when deemed clinically necessary to reduce/manage
 patients' risk of harm to self or others.
- Provision of psychological/behavioral consultation to psychiatrists, physicians, and hospital staff
- Served as the lead Psychologist on an interdisciplinary treatment team.
- Psychological evaluations
 - o Risk/Dangerousness evaluations, psychodiagnostic interviews/reports
 - Forensic Competency to Stand Trial Evaluations for the State of Texas judicial system.
- Psychological assessments
 - Suicide risk, dangerous risk, personality, intelligence, and neuropsychological screenings
- Development of behavioral and risk management plans
- Psychological consultations with patient's families

DOCTORAL INTERNSHIP

Psychology Intern, July 2009 – July 2010

(Full time, 40 hrs per week)

Counseling and Psychological Services, Ohio University, Athens, OH

Ohio University is a public university in Athens, Ohio that has an enrollment of over 27, 000 students. The campus population consists of both undergraduate and graduate students. The Counseling and Psychological Services provides outpatient and consultation services to the university's students, staff, and faculty. Due to the university's rural location in southeastern Ohio, the Counseling and Psychological Services Clinic is the primary mental health and psychiatry clinic in the area for the student population. In addition to being a full-service mental health clinic, the clinic is also a training clinic for psychology practicum students, and pre-/post-doctoral psychology inters. Below are listed the clinical duties that were assigned to me as a Psychology Intern at this clinic:

- Individual, couples/family, and group psychotherapy, using evidence-based therapies.
 - Cognitive Therapy (CT), Cognitive-Behavioral Therapy (CBT), and Exposure Therapy.
- Psychological evaluations
 - o Intakes, psychodiagnostic interviews/reports
- Crisis intervention walk-in and telephone triage services.
- Provide referrals to in-clinical psychiatry services, as well as inpatient treatment facilities, as deemed clinically warranted.
- Clinical consultation to patients, students, faculty members, school/department heads, and university staff.
- Outreach presentations to university students, staff, and faculty.
- Completed an apprenticeship in Sexual/Gender Orientation
 - Apprenticeship focused on providing psychological services to individuals who identify as gay, lesbian, bisexual, omnisexual, and/or transgender.

Ohio University's CPS pre-doctoral internship program was a member of the Association of Psychology Postdoctoral and Internship Centers (APPIC). The program was conducted in accordance with American Psychological Association (APA) internship accreditation standards. At the time of my internship the program was in the process of applying for APA accreditation and has since become accredited.

ADDITIONAL PRACTICE EXPERIENCE

Intake Counselor, August 2008 – May 2009

(Part-time, 20-24 hrs per week)

Student Counseling Center, Oklahoma State University, Stillwater, OK Oklahoma State University is a public university in Stillwater, Oklahoma that has an enrollment of over 23, 000 students. The campus population consists of both undergraduate and graduate students. The Student Counseling Center provides outpatient and consultation services to the university's students, staff, and faculty. Due to the university's rural location in north-central Oklahoma, the Student Counseling Center is the primary mental health and

psychiatry clinic in the area for the student population. In addition to being a full-service mental health clinic, the clinic is also a training clinic for psychology practicum students. Below are listed the clinical duties that were assigned to me as an Intake Counselor at this clinic:

- New and returning client intakes.
- Psychosocial reports and psychiatric referrals
- Crisis intervention walk-in and telephone triage services.
- Individual psychotherapy, using evidence-based therapies.
 - Cognitive Therapy (CT), Cognitive-Behavioral Therapy (CBT), and Exposure Therapy.

PRACTICUM EXPERIENCES

Doctoral Practicum Student, September 2006 – March 2007

(16-20 hrs per week)

OU Children's Physicians Pediatric Care Center, University of Oklahoma Health Science Center, Oklahoma City, OK

- Provided psychological/behavioral consultation services to physicians, pediatric clinic staff, and parents.
- Conducted brief assessment of pediatric psychological/behavioral issues.
- Provided psychological/behavioral services referrals for follow-up mental health services.

Doctoral Practicum Student, September 2005 – May 2006

(16-20 hrs per week)

Health Psychology Clinic, Oklahoma City VA Medical Center, Department of Veterans Affairs, Oklahoma City, OK

- Individual and group counseling services, using evidence-based therapies.
 - Colead support groups for military veterans who were diagnosed with chronic pain conditions, and Hepatitis C. Also helped facilitate PTSD treatment groups for Vietnam and Afghanistan/Iraq war veterans.
- Provided inpatient mental health consultation services to patients, physicians, and medical support staff.
- Personality assessment administration, scoring, and interpretation

Doctoral Practicum Student, August 2004 – July 2005 & September 2006 – May 2007 (16-20 hrs per week)

Counseling Psychology Clinic, Oklahoma State University, Stillwater, OK

- Individual, couples, and career counseling, using evidence-based therapies.
- Psychological assessment services: including assessment of ADHD, intelligence, personality, learning disability, and career/vocational inventories.

CLINICAL SUPERVISION PROVIDED

Post-Doctoral Clinical Supervisor, 2015 – 2021

Tinker Mental Health Clinic, Tinker Air Force Base, OK

• Supervision of post-doctoral psychologists and social workers to aid them in completing pre-licensure clinical supervision requirements. Supervision duties consisted of providing weekly in-person clinical supervision, as well as review and co-signature of all clinical documentation produced by the supervisee.

Psychology Intern Supervisor, January 2010 – June 2010

Counseling and Psychological Services, Ohio University, Athens, OH

• Supervision of a doctoral psychology trainee's clinical case load, client records, and professional development.

Internship Supervisor, August 2007 – December 2007

School of Applied Health and Educational Psychology, Oklahoma State University, Stillwater, OK

• Supervision of a community counseling intern's clinical case load, client records, and professional development.

RESEARCH EXPERIENCE

Doctoral Dissertation, August 2007 – July 2010

Health Care and Coming Out: Gay and Bisexual Men's Health Care

Oklahoma State University

 Quantitative study examining gay and bisexual men's health care experiences and factors that influence disclosure of sexual orientation to primary health care providers.

Research Assistant, January 2007 – March 2007, (8-10 hrs per week)

University of Oklahoma Health Science Center

 Aided in the development and implementation of a web-based smoking cessation intervention which sought to elicit readiness to stop smoking in parents of pediatric patients.

Research Assistant, August 2004 – May 2005, (8-10 hrs per week)

Oklahoma State University

• Focused on the evaluation of intergenerational relationships and the impact that these relationships have on adolescent risk-taking behaviors.

PRIOR TEACHING EXPERIENCES

Graduate Teaching Associate, August 2007 – May 2008 and August 2004 – December 2006 (Part-time, 16-20 hrs per week)

Oklahoma State University

World of Work (CPSY 1112)

• Course instruction, grading, curriculum development and implementation of inperson and online courses, administration of the Myers-Briggs Type Indicator and the Self-Directed Search assessments

Graduate Teaching Associate, January 2007 – May 2007

(Part-time, 16-20 hrs per week)

Oklahoma State University

Psychological Foundations of Childhood (EPSY 3113)

• Course instruction, grading, online course management

Graduate Teaching Associate, August 2006 – December 2006

(Part-time, 16-20 hrs per week)

Oklahoma State University

Learning to Learn (EPSY 1003)

• Course instruction, grading, curriculum development

OUTREACH / GUEST SPEAKING

The following is a list of outreach presentations that I have provided:

- *Dealing with Difficult People* An outreach presentation provided to Students Defending Students, a student advocacy group at Ohio University.
- *Getting In* An outreach presentation on preparing for and applying to graduate/professional education programs provided to college residence assistants at Ohio University.
- Lesbian, Gay, Bisexual, and Transgender People and Health Care An outreach presentation provided to Ohio University medical school students and staff.
- *Men and Depression* An in-service presentation presented to psychology interns and post-doctoral fellows at Ohio University.

In addition to the above listed outreach presentations, I have served as a guest speaker on the following topics:

- Lesbian, Gay, Bisexual, and Transgender individuals, and issues faced by them.
- The psychological impact of chronic illness and pain
- Graduate studies in psychology
- Career counseling
- Multi-cultural counseling
- Depression and anxiety disorders
- Learning, studying, and testing strategies.
- Stress management and coping techniques

RESEARCH/ PROFESSIONAL INTERESTS

Psychological effects of chronic and terminal illness in adolescent and adult populations Men issues and use of psychological services

Generational and multigenerational psychology

Social and cultural psychology

Lesbian, Gay, Bisexual, Transgender, Queer/Questioning, Intersex (LGBTQI) issues and matters Mood, anxiety, and psychological trauma disorders

PROFESSIONAL HONORS & AWARDS

Civilian of the Year Category III, 2019

• 72d Air Base Wing, Tinker Air Force Base

Civilian Category III of the Year, 2019

• 72d Medical Group, Tinker Air Force Base

Civilian Category III of the Year, 2019

• 72d Healthcare Operations Squadron, Tinker Air Force Base

Civilian Category III of the Year, 2019

• 72 Medical Operations Squadron, Tinker Air Force Base

Civilian Category III of the Third Quarter, July - September 2019

• 72d Medical Operations Squadron, Tinker Air Force Base

Civilian Category III of the Year, 2018

• 72d Medical Operations Squadron, Tinker Air Force Base

Good Catch Award, 10 August 2018

• 72d Medical Group, Tinker Air Force Base

Civilian Category III of the Quarter, January - March 2016

• 72d Air Base Wing, Tinker Air Force Base

Civilian Category III of the Quarter, January – March 2016

• 72d Medical Group, Tinker Air Force Base

Category III Civilian of the Quarter, January – March 2016

• 72d Medical Operations Squadron, Tinker Air Force Base

Certificate of Recognition, Civilian Category III Nominee, January – March 2016

• 72d Medical Operations Squadron, 72d Air Base Wing, Tinker Air Force Base

ACADEMIC HONORS

Myron C. Ledbetter Diversity Scholarship, 2007-2008

• Oklahoma State University, College of Education

Jay Allen Mathis Memorial Scholarship, 2003-2004

- West Texas A&M University, College of Education and Social Sciences Alpha Chi, 2003
 - National College Honor Scholarship Society

Pi Gamma Mu, 2002

• International Honor Society in Social Science

Psi Chi, 2002

• The National Honor Society in Psychology

o Chapter President, West Texas A&M University, 2002-2003

Outstanding Academic Achievement Award, 2001-2002

•	West Texas A&M University, Department of Accounting, Economics, and Finance